

## Wongan Hills District High School

## Wongarette

Issue 9 17 June 2020

# Great to see so many students wearing their Sun Smart hats in the playground.









## From the Principal's Desk...

Another two weeks have flown by and we are quickly heading towards the end of term. There has been a considerable amount of learning happening in each classroom and our students have continued to work hard and stay focused. Well done everyone!

Our teachers have also been working hard to make sure each child's report provides parents with a summary of their child's progress during Semester 1 and details areas of focus and improvement for Semester 2.

#### COVID\_19 Update

Now that we are in phase 3 we have been able to undertake activities that we had planned before the pandemic. The Cadet camp is going ahead in Week 10 with some modifications to meet the phase 3 guidelines. I would like to thank the staff for the extra planning that is required to make it possible for our students to attend.

Thank you to parents/carers for your support in not entering classrooms when dropping off or picking up children. We are currently having discussions as to how we can enable parents/ carers to work face to face with staff to support each child's learning. With the success of students being able to settle better in the morning and start the day in a positive way, we will be continuing the current practices even once restrictions are lifted. It is very important that parents understand the importance of starting the day off this way and the positive impact it has had on the students and the If any parent/carer would like to discuss this with me, please feel free to organise a meeting through the front office.

We would also like to remind parents/carers if your child is unwell please do not send them to school to help reduce the spread of illness.

A reminder that people that come onto school grounds for any reason other than dropping off

and picking up their child/ren, need to come through the front office, please adhere to physical distancing guidelines.

#### Reporting to Parents

Semester 1 student reports will be sent electronically to the parents/caregivers, reports will be mailed to those who do not have an email address on file. We wish to remind parents/carers to save your child's report. We encourage all students to remain at school until the last day of term to make the most of the learning time. If you need to update your email address please contact the office before Friday, 26th June 2020.

In week 2 of term 3 Parent – Teacher Interviews will be conducted at the school on Wednesday, 29th July, from 2:45pm- 5pm. To schedule an interview please contact the front office for secondary teachers and for primary teachers please email classroom teachers directly. Teacher email addresses can be found on our school website. All parents and carers are encouraged to have an interview with their child's teacher/s to discuss their report achievement.

#### **SunSmart School**

The SunSmart Policy was endorsed by the school council at the end of last year. Due to the pandemic we have delayed the requirement that students are to wear wide brimmed hats while they are playing. At the start of term 3 students will be required to wear wide brimmed hats or they will be directed to be in the shade. Please start making arrangements to purchase a hat. Our uniform shop is ready and waiting to help you with this. We already have quite a number of students that are using wide brimmed hats and I thank parents for their support.







# WONGAN HILLS DISTRICT HIGH SCHOOL

QUINLAN STREET, WONGAN HILLS WA 6603

Ph: (08) 96 712 300 wonganhills.dhs@education.wa.edu.au

Attention: Cancellation of the Interhouse Cross Country Carnival 2020

Dear Parents/ Guardians,

This letter is to announce the cancellation of this year's Interhouse Cross Country Carnival. This is due to there not being enough time to properly plan, teach, and maintain our high expectations of student participation and carnival execution, as well as about minimising disruptions to the learning programs of all classes after such an interrupted and tumultuous introduction to Term 2.

Wongan Hills DHS will be participating in the Avon District Interschool Cross Country (Meckering) on Friday the 21<sup>st</sup> of August. We will be calling for nominations for students to attend this carnival. If your child is interested, nominations will be held during lunchtimes in Week 9 of Term 2 with training commencing Week 2 of Term 3.

Thank you for your understanding,

Sarah Peters & Tegan Quartermaine
PHYSICAL EDUCATION COORDINATORS



## 5 Feet Apart

Molly Giedraitis Year 8

Is Five Feet Apart breaking the rules of the hospital?

Five Feet Apart is a book that will leave you happy, smiling, laughing, or even shedding a few tears. Stella and her two friends, Will and Poe, have to battle everyday against cystic fibrosis. Like most stories, there is always a major argument, and in this case, it leads to a serious heartbreak.

After Stella's sister, otherwise known as her best friend, drowned while jumping off a cliff with her friends, Stella has been afraid of leaving her mum due to losing the battle against her illness. As cystic fibrosis takes over Stella's life, she must face a huge decision; will she take the lung transplant and potentially live for another five years? When Stella witnesses her best friend die from the same chronic illness that she has, she decides that she can't be like that and she can't leave her mum in a state where she doesn't even get to say her last words.

The themes of this story are heartbreak and a little bit of romance. This book will leave you smiling with courage or crying with a teddy bear in your arms. Is it okay to fall in love with someone you can't hold hands with and can't come closer than five feet? Can you remain separated from them so you don't get each other

sick?



#### Poetry requires inspiration.

In Year 7 English we have looked at figurative language and forms of poetry. One form we learned about was Haiku poetry which originated in Japan and follows a very strict format.

We started with just a droplet of ink, a piece of paper and a straw.

When we blew it out, we ended up with an image that we had to use our imaginations to determine what it reminded us of.

Finally we wrote about our image following the rules of Haiku; 3 lines and only 17 syllables that followed a 5, 7, 5 rule.

We are pretty proud of our results and wanted to share these.

Next week we will be compiling our poetry anthologies to finish our poetry unit.



The wind howled today

The rain boomed on the window

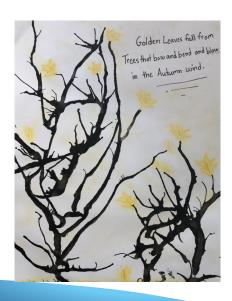
Lightning cracked today

By Riley Andersen



The warm sun beamed down
Warming up my little feet
While I looked around
By Katie Taylor

Golden leaves fall from
Trees that bow and bend
and blew
in the Autumn wind
By Safira Shanks







What if blossoms don't

Grow on trees but fall from

The heavens above instead?

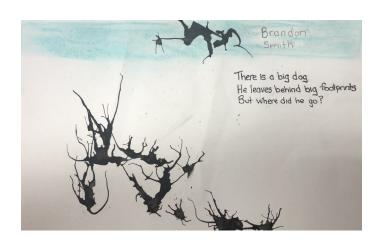
By Dante Beaver

There is a big dog

He leaves behind big footprints

But where did he go?

By Brandan Smith





Dripping down the page
In a runny, dark red stage
Looking like gun shots
By Eamonn Connell



### Photo Challenge - High School

During the recent restrictions, and while there were no students at school, Jai and I amused ourselves by discussing entertaining things we could do with the kids when they returned. In the end, we decided to challenge the students and their knowledge (or lack of) the school grounds and the equipment within it. We strolled around the grounds taking photos of items from one place to another (contained within the school boundaries) and then deviously cropped them so only a small amount of the object photographed was visible. Jai printed the snapshots and posted them on the door to our office by 9am every day as we whispered quietly to each other 'game on'. Students gathered eagerly like vultures about to devour a fresh carcass. With only one guess allowed per student, smarts were used to pry information from us without directly asking a question. Needless to say, I was easily tricked but Jai was a vault and only the shrewdest of students were able to pry information from him.

Running low on photos and wanting a change, we introduced a new challenge we called 'the find me challenge'. I drew a face on an orange, Jai named her Bessie and we hid her with great excitement on the school property, ready to motivate the kids the next day. But, it seemed Bessie excited us more than the students who didn't seem that interested so poor Bessie spent many nights out in the cold waiting to be found. Although it wasn't as popular, it was still a lot of fun for us to watch the interested children looking under bushes and in hideyholes trying to find her. To change it up a little, we decided to swap Bessie, who by now was looking a little worse for wear, to a dice but it is still yet to be found! So, I'd say this challenge was a bust. Dammit this challenge was so my cup of tea... hahaha.

Our next challenge is waiting in the wings to be launched or thought of potato - potarto whatever! Although, we do know one thing and that is that next time it will be an Upper Primary and High school challenge, which is piquing the interest of those who have the same warped sense of fun as Jai and I.

So, remember to ask your kids what the new competition is and maybe you will be able to help them.

By Danelle Hasson and Jai Pollard









# 2021 KINDY ENROLMENTS ARE NOW OPEN

# IS YOUR CHILD 4 BEFORE JUNE 30 NEXT YEAR?

(DOB BETWEEN 1ST JULY 2016 & 30TH JUNE 2017)

IF SO, YOU WILL NEED TO APPLY FOR ENROLMENT INTO KINDY IN 2021.

Enrolment forms must be submitted to the school office by Friday 7th August 2020.

Enrolment packages are available from the school office, on the WHDHS Skool Bag App or the schools website; wonganhillsdhs.wa.edu.au

Birth certificate and immunisation schedule are required to be copied for school records and must be submitted with all applications.

Phone: (08) 96712 300 wonganhillsdhs.wa.edu.au Skool Bag - Wongan Hills DHS Quinlan Street, Wongan Hills WA 6603





WONGAN HILLS DISTRICT HIGH SCHOOL

# Kindy & Pre Primary Meeting

### KINDY & PP PARENTS

A meeting to explain Semester 1 reporting for Kindergarten and Pre Primary students will be held on

TUESDAY, 30TH JUNE 2020 2.30PM FORMER KINDY BUILDING



Social distancing guidelines will be adhered to.



**WONGAN HILLS DISTRICT HIGH SCHOOL** 

# **PARENT TEACHER** INTERVIEWS

Parent Teacher Interviews will be held on

Wednesday, 29th July 2020 2.45pm -5pm

Parents are encouraged to schedule an interview with teachers.

Secondary parents are asked to contact the front office to schedule an interview time with secondary teachers.

Primary parents are encouraged to contact primary teachers directly via email to schedule an interview time.

Staff email addresses are available on the school website: www.wonganhillsdhs.wa.edu.au





**WONGAN HILLS NETBALL ASSOCIATION** 

RISING STARS
A-RESERVE TEAM
EXPRESSION OF INTEREST

# MIDWEEK \* NETBALL \* COMPETITION

OPENAFOR ALLASTUDENTS AGED 13+

GAME: EVERY THURSDAY NIGHT TRAINING: EVERY TUESDAY @ 4.30

TO NOMINATE YOUR CHILD \*
EMAIL SARAH PETERS (COACH)
SARAH.PETERS2@EDUCATION.WA.EDU.AU

DEADLINE FOR STUDENT NOMINATION: ★ FRIDAY, 26TH OF JUNE







# SunSmart Sun Protection Policy

Revised & Ratified by School Council: September 2019

#### WONGAN HILLS DISTRICT HIGH SCHOOL

#### Background

Skin damage, including skin cancer, is the result of cumulative exposure to ultraviolet radiation (UV) from the sun. UV damage begins to accumulate during childhood and adolescence and is associated with an increased risk of skin cancer later in life. As students and staff are at school during times of peak UV radiation, schools play a major role in providing an environment that minimises exposure and encourages long-term sun protective behaviours.

#### Aim

Our Sun Protection Policy has been developed to ensure that all students, staff, parents and visitors attending Wongan Hills District High School are protected from skin damage caused by harmful ultraviolet (UV) radiation from the sun.

#### Implementation

This policy is to be implemented when the forecast average monthly UV Index in our area is 3 or above (available from <a href="https://www.bom.gov.au">www.bom.gov.au</a>). Throughout Western Australia, UV levels reach 3 or above during all school terms. The sun protection practices outlined in this policy will be applied to all school activities, including sports carnivals, excursions and camps. Provisions will be made for students who do not have adequate sun protective clothing or hats and these students will not be excluded from play or physical activity, though activities may be restricted to shaded areas.

#### Procedures

#### Scheduling outdoor activities

- Where possible, we schedule outdoor activities such as outdoor lessons, sport and physical education to occur
  when the UV Index is below 3. When this is not possible activities are scheduled as far from 12 noon as possible
  to avoid peak UV times.
- When outdoor activities are scheduled at times when the UV Index is 3 or higher, maximum use is made of shade, sunscreen, hats and long clothing to protect students and staff.
- We require students to wear broad-brimmed, bucket or legionnaires style hat in the primary and a cap in the secondary, sun protective clothing and sunscreen for all camps, sports and excursions. These items will be listed on the parent permission form. We will encourage staff and Parent helpers of these camps, sports and excursions to also wear hats, sun protective clothing and sunscreen.
- Students may remove their hats when playing sport that may impede on their vision and safety. This will be at the
  discretion of the supervising teacher.

#### Shade

- We ensure there is adequate provision of shade within the school grounds for students and staff, particularly in areas in high use areas, for example, popular play areas, where children eat lunch and outdoor lesson areas.
- We encourage staff and students to use shaded areas when outside.
- Students who do not have appropriate hats or sun protective clothing are asked to play in the shade or a suitable
  area protected from the sun.
- We ensure that adequate shade is provided at sporting carnivals and outdoor events.
- Shade provision is considered in plans for future buildings, grounds and playground equipment.

#### Hats

- We require students in the primary to wear a broad-brimmed, bucket or legionnaires style hat that protects the face, neck, ears and crown of the head whenever they are outside.
- We require students in the secondary school to wear as a minimum, a cap to protect the face and crown of the head whenever they are outside.
- Students without hats will remain protected from the sun and encouraged to play in shaded areas.

We encourage staff, parents and visitors to wear broad-brimmed, bucket or legionnaires style hats when
participating in and attending outdoor school activities and will inform them of our active Sun Smart policy.

#### Clothing

- Cool, loose-fitting sun protective clothing is included in our school uniform / dress code and sports uniform. It
  includes shirts with collars and elbow length sleeves.
- Staff and students are encouraged to wear a rash vest or similar top (t-shirt ok) for swimming/water activities.
   Whilst competing in races students may remove rash vest if they think it disadvantages swimming technique.

#### Sunscreen

- Sunscreen is available and accessible to staff and students in classrooms and around the school grounds e.g. at the school office and school cafe.
- Sunscreen is listed as an optional item for students to keep in their school bags for use during the day.
- All students and staff will be encouraged and reminded to apply SPF30 or higher broad-spectrum water resistant sunscreen 20 minutes before going outdoors e.g. prior to school, before lunch, PE lessons, sports, excursions etc.
- Sunscreen sensitivity/allergies will be requested to be reported in the Children's Health Questionnaire at the start
  of the year for all students. Children with sensitivity/allergies are encouraged to have their own sunscreen with
  them

#### Sunglasses (optional)

Where practical, students are encouraged to wear close-fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2,3 or 4).

#### Role modelling and occupational health and safety

- To support health and safety legislation, staff are encouraged to wear sun protective hats when supervising students
- Staff and students will act as positive role models and demonstrate Sun Smart behaviour when attending school by:
  - wearing sun protective clothing
  - applying SPF30 or higher broad-spectrum water resistant sunscreen
  - wearing a sun protective hat (broad-brimmed, bucket or legionnaires style)
  - using and promoting shade
  - wearing sunglasses that meet the Australian Standard 1067.

#### Education

Programs on sun protection are included in the curriculum for all year levels.

#### Informing the school community

- Sun protection is communicated to staff, families and visitors via newsletters, social media, assemblies, whole school activities, and parent and staff meetings.
- Families and visitors are encouraged to role model sun protection measures when attending outdoor activities.

#### Policy monitoring and review

- The sun protection policy will be made available to staff and parents on the Schoolbag App. Parents are informed
  of this sun protection policy when they enrol their child/children. All new employees are briefed on the sun
  protection policy.
- The policy is monitored regularly and reviewed every three years.

Date for review: 2022

